

Dear Parent/Guardian,

As a PE department we have an aim and a vision to promote confidence and health through physical activity. We cover a wide range of activities throughout the year and we fully believe as a department that we can find a Sport that your child will thrive at and improve at over the year and beyond. We strive for excellence and participation. All we ask of as a department is for your child to enter PE with an open mind and a 'have a go' attitude. Progression over the year is key and your child will experience this, which will then build them in confidence and pride when they perform and take part, resulting in good experiences through Sport.

Kit Expectations

We do expect all pupils to attend PE and Games lessons in FULL PE kit which can be bought from the school shop.

Girls – Green PE T-shirt, House T-Shirt, Skort, Socks, Tracksuit Bottoms and Tracksuit top, mouthguard, trainers (not fashion pumps) and Astro turf trainers.

Boys – Green PE T-shirt, Rugby Shirt, House T-Shirt, Rugby Shorts, PE Shorts, Socks, Tracksuit Bottoms, Tracksuit Top, Mouthguard, Rugby/Football boots, Trainers and Astro turf trainers.

If a pupil forgets an item of kit they will be asked to borrow kit or they must complete a break detention the following day.

Excused

If your child is sick or injured and can not take part in the lesson they will need to provide a medical note or a note/email from yourself to explain why they can not take part. They will still need full kit as they will still accompany their group and maybe officiate, lead a warm-up or help time etc. All depending on the range of illness/injury. Boarders will need a note from the Health Centre.

Houses

Each pupil is allocated to a house and throughout the year there are a number of different house competitions to take part in. The PE staff each belong to a different house, Mrs Askew – Weaver. Mr Ritchie – Dove. Mr Jacobs – Needwood. We are all very passionate about our houses and we like to see our pupils taking part and sharing in our passion.

The main event is on the last weekend of the school year when we host our Summer Gathering Sports Day. Please avoid any holidays on this weekend as we endeavour to bring the house team together for one last time.

Pathways to clubs

As we are not a Saturday school we like to build pathways to local clubs and encourage our pupils to join clubs close to home. We currently have strong links with all of our local clubs and even support weekly boarders to build links with clubs dependant on where they live.

Opro – September

The Opro team are booked to come into school on Tuesday 6th September. If you would like your child to be fitted with a dentist style professional mouth guard please visit www.opro.com and register online.

Online Team Shop

From September there will be an online sports shop specifically designed for team players. Here you will be able to order base layers, team socks and team kit. This will be exclusive for team players only and will only be worn during fixtures and match training.

Sports trips

Throughout the year we run a number of sports trips to go and watch various sporting events. These will be announced in Chapel and a sign up sheet will go up on the PE board in the PE corridor. We also run Sports Tours, again information on these will be announced and pupils have the opportunity to sign up for these.

Wednesday afternoon activities

All pupils get the chance to choose what activity to do on a Wednesday afternoon. As a department we offer Rugby, Hockey, Netball, Tennis, Rounders and Cricket. We compete against other schools every Wednesday afternoon.

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Each week we publish a page in the Abbotsholme Star where you can get up to date information on fixtures, news and events within the PE department.

I look forward to welcoming your child to Abbotsholme school and to the Sports Department.

If I can be of help please do not hesitate to contact me on laura.askew@abbotsholme.co.uk.

Kind regards

Laura Askew
Head of Sport