



## Lunch Menu Week 2

DAY	MAINS	GRAB & GO	SIDES	DESSERT	SOUP
Monday	Beef Lasagne **** Chinese Vegetable Curry with Steamed Rice	Crispy Fish Wrap with Tartare Sauce	French Fries Peas Cauliflower	Chocolate Sponge with Chocolate Sauce	Spiced Cauliflower
Tuesday	Lamb Rogan Josh with Yellow Rice **** Provençal Bean Casserole	Cheese & Ham Toastie	Creamed/Hash Brown Green Cabbage Mixed Vegetables	Raspberry Ripple Cake	Minestrone
Wednesday	Creamy Fish Pie **** Flatbread Margherita Pizza	Chicken Fajita Wrap	Croquette Potatoes Peas Carrots	Fruit Crumble with Custard	Tomato & Basil
Thursday	Thai Chicken & Ginger Stir fry **** Spaghetti in Tomato Sauce	BLT Wrap	Egg Fried Rice/Spirals Broccoli Sweetcorn	Bakewell Pudding & Custard	Potato
Friday	Breaded Haddock with Lemon **** Heidi Pie	Pesto Chicken & Mozzarella Panini	Chunky Chips Peas Mushy Peas	Flapjack	Red Lentil & Coconut
Saturday	Chicken Kiev **** Falafel & Houmas Wrap		Sautéed Potatoes Salad Bar	Fruit & Yoghurt	
Sunday	Brunch	Noodles		Fruit & Yoghurt	

*Everyday Staples ~ Salad Bar, Filled Sandwiches, Jacket Potatoes with Fillings, Baked Beans, Soup & Bread, Fresh Fruit & Yoghurts*